

PADBURY PRIMARY SCHOOL



Caring for the Future

NUT MINIMISATION PLAN

2017

RATIONALE

We have students who have been medically diagnosed with the potential to suffer a mild to moderate allergic reaction to nuts and/or nut products. This is known as anaphylaxis. Whilst Padbury Primary School has not officially endorsed itself as a *Peanut Free School*, measures have been put in place to ensure the safety of children suffering from FOOD ANAPHYLAXIS, particularly nut allergies.

The Nut Minimisation Plan involves us all:

THE ROLE OF ALL PARENTS

- Please try to not give your children foods containing nuts or peanuts to be consumed at school.
- Be aware that many foods contain traces of nuts (e.g. Nutella, muesli bars, biscuits and chocolate bars).
- Encourage thorough washing of hands and face before eating.
- Avoid nuts and peanuts in birthday cakes and fundraising food that may be brought to school.

THE ROLE OF PARENTS WITH ANAPHYLACTIC CHILDREN

- To inform the school of the medical situation.
- To provide the school with an action plan devised and signed by the child's doctor.
- To provide an Epipen in case of an emergency.
- To educate their child on nut avoidance.
- To respond immediately if contacted in an emergency. Parents will be called after the ambulance.
- To update the school when new medical information becomes available.
- To keep a note of the expiry date of the Epipen and replace expired pens.

THE ROLE OF THE SCHOOL

- To assist the students in the avoidance of an allergic reaction.
- To include photos of anaphylactic students with their Medical Action Plan. These action plans will be placed in duty files, staff room, the student's room and the front office.
- To ensure all staff have training in the use of an Epipen (first staff meeting of each year – school nurse).
- To ensure relief teachers are aware of anaphylactic students.
- To follow the Medical Action Plan for each anaphylactic student as provided by parents.
- To ensure the safe storage of Epipens.
- To take Epipens and Phenergen for relevant students attending excursions.
- In the case of an emergency, as a last resort, another student's Epipen will be used if their Epipen is unavailable. Specific permission for this will be sought in advance from each parent supplying an Epipen.
- To inform parents of the policy through newsletter and P&C meetings. Place reminders in the newsletter.
- The canteen will not sell nut based products.

THE ROLE OF STUDENTS

- Students do not share or accept food from others.
- Students should wash their hands before and after eating.
- Anaphylactic students are to inform a staff member if they have a concern or anaphylactic reaction.